

Vision Charter School				
October 2019 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Crispitos</b> (Rolled Tacos), Sour Cream, Salsa, Refried Beans, Side Salad with Ranch Dressing, Apple, White or Chocolate Milk	2 <b>Pork and Vegetable Egg Roll</b> , Sweet and Sour Sauce, String Cheese, Green Beans, Mandarin Oranges, White or Chocolate Milk	3 <b>Pizza Hut Cheese Pizza</b> , Garden Salad with Ranch Dressing, Marinara Sauce, Apple or Orange, White or Chocolate Milk	4 NO SCHOOL
7 <b>Chicken Nuggets</b> , BBQ Sauce or Honey Mustard, Corn, Side Salad with Ranch Dressing, Banana, White or Chocolate Milk	8 <b>Cheeseburger on Whole Grain Bun</b> , Lettuce, Sliced Tomatoes, Pickles, Green Beans, Diced Pears, White or Chocolate Milk	9 <b>Lasagna w/ Meat Sauce</b> , Dinner Roll, Garden Salad with Ranch Dressing, Apple or Orange, White or Chocolate Milk	10 <b>Pizza Hut Cheese Pizza</b> , Garden Salad with Ranch Dressing, Marinara Sauce, Apple or Orange, White or Chocolate Milk	11 <b>Hot Pretzel with Cheese Sauce</b> , Hummus, Garden Salad, Diced Fruit, White or Chocolate Milk
14 <b>Fiesta Tortilla Soup with Chicken</b> , Tortilla Chips, Sour Cream, Garden Salad, Diced Fruit, White or Chocolate Milk	15 <b>Beef and Bean Burritos</b> , Sour Cream, Salsa, Garden Salad, Sliced Oranges, White or Chocolate Milk	16 <b>Corn Dog</b> , Garden Salad with Ranch Dressing, Carrots and Hummus, Applesauce, White or Chocolate Milk	17 <b>Pizza Hut Cheese Pizza</b> , Garden Salad with Ranch Dressing, Marinara Sauce, Apple or Orange, White or Chocolate Milk	18 NO SCHOOL
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 <b>Turkey and Cheese Sandwich</b> on Hoagie Roll, Veggie Bar, Baked Chips, Apple Slices, White or Chocolate Milk	29 <b>Chicken Patty Sandwich</b> on Whole Grain Bun, Lettuce, Sliced Tomatoes, Corn, Mayo or BBQ Sauce, Apple Slices, White or Chocolate Milk	30 <b>Chili</b> , Onions, Salsa, Sour Cream, Cheese, Garden Salad with Ranch Dressing, Peaches, Chocolate Chip Cookie, White or Chocolate Milk	31 <b>Pizza Hut Cheese Pizza</b> , Garden Salad with Ranch Dressing, Marinara Sauce, Apple or Orange, White or Chocolate Milk	

### Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Bar, Yogurt, String Cheese, Simply Chex, or Muffin	Cereal Bar, Yogurt, String Cheese, or Simply Chex	Cereal Bar, Yogurt, String Cheese, Simply Chex or Benefit Bar	Cereal Bar, Yogurt, String Cheese, or Simply Chex	Cereal Bar, Yogurt, String Cheese, Simply Chex, or Pop Tart
All Breakfasts come with the choice of grain based entrée, fruit, fruit juice, and white or chocolate milk. Fruit or fruit juice must be taken during breakfast service. Breakfast is \$1.85 full-price or free if you are approved for free or reduced lunches. Students may select one milk, two fruit options, and two grain options.				

### Snacks

Monday	Tuesday	Wednesday	Thursday	Friday
Pretzels and String Cheese	Juice and Crackers	Yogurt and Animal Crackers	Muffin and Juice	Goldfish and String Cheese
After school snack is available without charge to students participating in organized educational and enrichment activities. Sports programs that compete off campus are not eligible for after school snack.				

Salad Bar is available to Middle School and High School Students every day in addition to the menu options. The salad bar will offer romaine lettuce, spinach, Arcadian blend lettuce, broccoli, cauliflower, garbanzo beans, grape tomatoes, cucumber, peppers, peas, shredded carrot, olives, mushrooms, whole grain croutons, ranch dressing, Italian dressing, thousand island dressing and fresh fruit options. Please remember the salad bar is a privilege. **Students may not share that privilege with another student. Only the student that has paid for a lunch may visit the salad bar.** Students may make a second trip to the salad bar; please visit the kitchen for a clean tray.

Full price student lunches are \$3.15. Full price adult lunches are \$3.85. Students may purchase a second lunch at the adult rate of \$3.85, but the purchase must be made with cash, no charges will be allowed for a second lunch.

Reduced price lunches are \$0.40. There is no charge for a reduced price breakfast.

**Planned menu may change if there is a school closure. Fruit and vegetable substitutions are at the discretion of food service staff.**

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