## Vision Charter School March 2020 Lunch Menu

Monday, March 2 French Toast Sticks, Little Smokies, Baby Carrots, Apple Sauce, White or Chocolate Milk	Tuesday, March 3 Crispitos (Rolled Tacos), Sour Cream, Salsa, Refried Beans, Side Salad with Ranch Dressing, Apple, White or Chocolate Milk	Wednesday, March 4 Pork and Vegetable Egg Roll, Sweet and Sour Sauce, String Cheese, Green Beans, Mandarin Oranges, White or Chocolate Milk	Thursday, March 5 Pizza Hut Cheese Pizza, Garden Salad with Ranch Dressing, Marinara Sauce, Apple or Orange, White or Chocolate Milk	Friday, March 6 No School
Monday, March 9 Chicken Nuggets, BBQ Sauce or Honey Mustard, Corn, Side Salad with Ranch Dressing, Banana, White or Chocolate Milk Monday, March 9	Tuesday, March 10 Cheeseburger on Whole Grain Bun, Lettuce, Sliced Tomatoes, Pickles, Green Beans, Diced Pears, White or Chocolate Milk	Wednesday, March 11 Lasagna w/ Meat Sauce, Dinner Roll, Garden Salad with Ranch Dressing, Apple or Orange, White or Chocolate Milk	Thursday, March 12 Pizza Hut Cheese Pizza, Garden Salad with Ranch Dressing, Marinara Sauce, Apple or Orange, White or Chocolate Milk	Friday, March 13  Hot Pretzel with Cheese Sauce, Hummus, Spinach and Artichoke Dip, Garden Salad, Diced Fruit, White or Chocolate Milk
Monday, March 16 Fiesta Tortilla Soup with Chicken, Tortilla Chips, Sour Cream, Garden Salad, Diced Fruit, White or Chocolate Milk	Tuesday, March 17  Beef and Bean Burritos, Sour Cream, Salsa, Garden Salad, Sliced Oranges, White or Chocolate Milk	Wednesday, March 18 Corn Dog, Garden Salad with Ranch Dressing, Carrots and Hummus, Applesauce, White or Chocolate Milk	Thursday, March 19 Pizza Hut Cheese Pizza, Garden Salad with Ranch Dressing, Marinara Sauce, Apple or Orange, White or Chocolate Milk	Friday, March 20 Chicken Fajita with Whole Wheat Tortilla, Peppers, Onion, Tomato, Salsa, Sour Cream, Pinto Beans, Diced Fruit Cup, White or Chocolate Milk
Monday, March 23 NO SCHOOL	Tuesday, March 24 NO SCHOOL	Wednesday, March 25 NO SCHOOL	Thursday, March 26 NO SCHOOL	Friday, March 27 NO SCHOOL

Breakfast Menu						
Monday	Tuesday	Wednesday	Thursday	Friday		
Cereal Bar, Yogurt, String Cheese,	Cereal Bar, Yogurt, String Cheese, or	Cereal Bar, Yogurt, String Cheese,	Cereal Bar, Yogurt, String Cheese, or	Cereal Bar, Yogurt, String Cheese,		
Simply Chex, or Muffin	Simply Chex	Simply Chex or Benefit Bar	Simply Chex	Simply Chex, or Pop Tart		
All Breakfasts come with the choice of grain based entrée fruit fruit juice and white or chocolate milk. Fruit or fruit juice must be taken during breakfast service. Breakfast is \$1.85 full-price or free if						

All Breakfasts come with the choice of grain based entrée, fruit, fruit juice, and white or chocolate milk. Fruit or fruit juice must be taken during breakfast service. Breakfast is \$1.85 full-price or free if you are approved for free or reduced lunches. Students may select one milk, two fruit options, and two grain options.

Afterschool Snack						
Monday	Tuesday	Wednesday	Thursday	Friday		
Pretzels and String Cheese	Juice and Crackers	Yogurt and Animal Crackers	Muffin and Juice	Goldfish and String Cheese		
After school snack is available without charge to students participating in organized educational and enrichment activities. Sports programs that compete off campus are not eligible for after school						
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Salad Bar is available to Middle School and High School Students every day in addition to the menu options. The salad bar will offer romaine lettuce, spinach, Arcadian blend lettuce, broccoli, cauliflower, garbanzo beans, grape tomatoes, cucumber, peppers, peas, shredded carrot, olives, mushrooms, whole grain croutons, ranch dressing, Italian dressing, thousand island dressing and fresh fruit options.

Please remember the salad bar is a privilege. Students may not share that privilege with another student. Only the student that has paid for a lunch may visit the salad bar. Students may make a second trip to the salad bar; please visit the kitchen for a clean tray.

Full price student lunches are \$3.15. Full price adult lunches are \$3.85. Students may purchase a second lunch at the adult rate of \$3.85, but the purchase must be made with cash, no charges will be allowed for a second lunch.

Reduced price lunches are \$0.40. There is no charge for a reduced price breakfast.

Planned menu may change if there is a school closure. Fruit and vegetable substitutions are at the discretion of food service staff.

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- (1) mail: U.S. Department of Agriculture
  Office of the Assistant Secretary for Civil Rights
  1400 Independence Avenue, SW
  Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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https://www.fns.usda.gov/fns-nondiscrimination-statement n